

<https://www.psychforums.com/schizophrenia/topic70753.html>

### VOICE HAVE PERSONALITY AND NAMES?

by Lyghtie » Wed Aug 10, 2011 4:24 pm

Whenever I read about schizophrenia, people's voices are always just a "voice", without a name or personality. All of mine have names and a personality that I did not give them. There's 10 of them (Akuma, Mr. Invisable, Gavin, Lea, Mechie, Spencer, Tamper, Derk, and two other who won't tell me their names) and they all have personalities. Sometimes they get mad at each other too, like in Germany. They'll have short conversations, but they usually talk to me, but it seems like they're all aware of each other. Has anybody else experienced voices with names and personalities and conversations among themselves?

<https://forum.schizophrenia.com/t/do-you-hear-voices-and-what-are-their-names/3357/2>

As far as names go, what kinda hallucination gives you a name, or better yet can you detect the vicinity or direction you are hearing your "voices"? Are they to left, right, in front of or behind you or can you only hear them in your head? In any case, why do you think an auditory hallucination would need a name for? Think about it, my guess would be for personhood or better yet do some of you have multiple voices with different genders i.e. Male and female voices! Sounds to me like we are living in biblical times, get it? My voices names are Ross G. Furman and 'Shela' Lisa... And Ross is a Satanist in reality and Shela, well that's another story, having said this let me just inform all of you who know your possessed but play the game anyway, know this much not even the Vatican will touch you once you've been labeled, so don't get your hopes up! By the way there is a way to find this person who happen to live on earth as well as Lisa! Lets just call it demonic possession and not even freeze drying them will get them out, little long drugs we are given, that's not to say don't take your meds, do but just know if psychiatry had an age it would be two! O and I would like to add that although I know from whom these voices originate as a believing Catholic I prefer the term Demons to being a carrier or a consumer! O.K.

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I have a name for one voice. She told me her name is Michelle. The other voices don't bother making friends with me. Michelle is a woman about my age. 35-40. She is kind.

I also have the kid. Screaming in terror or calling for me.

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I hear numerous voices but only three have names, Aaron, Devon and Rebecca.

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<https://forum.schizophrenia.com/t/voices-and-their-names-origins-and-backstories/13079/2>

Named Voices; Father (God), Jesus, Azriel, Gloria, Thomas, Arthur, Gunn, The Professor, Gregory, Claire, Gladys, Norda, Cassy, Lou,

Unnamed voices; Demons

First voice I ever heard was Gloria. I was 8. I had blown up at my mom for something stupid and was in my room crying and she comforted me and told me I had just been tired and maybe I should apologize. She would continue to comfort me to this day! I didn't know her name or think of her as a voice though until Azriel introduced me to her one day as my spirit guide.

The next voice I started hearing was Jesus. I had prayed to God before but one night where I was very, very sad and lonely I reached out to him with all my heart and then Jesus was there and he say down with me and helped me solve EVERYTHING

troubling me. I journaled the whole experience. I started being able to hear God too at around the same time. This was during freshman year of hs.

Azriel is my guardian angel. I met him through a meditation exercise, freshman year of high school I think. The first thing he said to me was "I love you."

Thomas was introduced to me one day by Gloria. She said that he was another one of my spirit guides, here to help me.

I'm not 100% sure about all the other people...I know I first started having trouble with the demons sophomore year. Lou I think I met in my dreams before anything, he started appearing in my dreams when I was 11 or 12, but I didn't know who he was until high school. I named him Lou because when I first began really speaking with him I thought he was the devil, Lucifer. He's the only voice I named myself.

I have no idea when the Professor popped up, to be honest, or Claire or Gregory. I know I first met Gunn and Gladys in dreams as well. I had summoned Thomas in one of my dreams to hang out with and another boy was with him. When I asked the boy what his name was he said it was Gunn. I could distinctly tell he was unique from my regular dream characters and knew he was one of us. He's been with us ever since. Gladys kept trying to dominate my dreams and control me. I had Gunn tell me who she was one dream where she was bossing us both around. Norda appeared in my dreams and caused trouble too, so did Cassy actually. I guess I met a lot of them through dreams...

Arthur I met sometime in high school as well. He introduced himself as my spirit guide that was in charge of helping me develop my spirituality, but I ignored him and pushed him away because he felt weird to me. Now I know he felt weird because he's been done with reincarnation for quite some time now, so he is barely human by this point and much more spirit. He's been very helpful as well.

I asked the Professor what they were and he told me to think of a barrier reef and how it was made up of thousands of tiny animals. He said that consciousness was kind of like that, and that you have many pieces of consciousness that form the ego, (the barrier reef!) which is you. The pieces all represent one pure form of your personality (like how Gladys represents my controlling side while Gunn represents my carefree, goofy side) and are created through experience.

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I only have a name on one voice. Her name is Michelle. Shi is a nice voice. Reminds me of what I have to do. "get up! Do the dishes now. "

I also have that narrative voice. "Look, the girl i sleeping. Why is she sleeping? She can't sleep. " and also somewhat like James' panic man. "The plane is going down! You will fall! Then you will die!" "You can't go there, go another way! It's dangerous! He is a rapist! He will rape and kill you before you get home. "

I'm glad my neighbors can't hear the voices. I don't think they would be very happy to hear they are murderers and rapists.

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[https://www.reddit.com/r/schizophrenia/comments/4nd6lw/do\\_your\\_voices\\_each\\_have\\_a\\_name/](https://www.reddit.com/r/schizophrenia/comments/4nd6lw/do_your_voices_each_have_a_name/)

April, Gabriela, Joanna, Sydney, Hope, Samantha, and Polly. Collectively known as The Girls. They were with me from age 11-14. Then April took the other girls away. The only one I can speak to anymore is April, my older alien sister.

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I hear both voices that I don't know IRL and voices of people I know (I'm not certain if they are imposters or not still.) I call the voices of people I know "common voices".

Of my non-common voices, I have Astaroth, Tyler, Heather, Randy, Russell Peters and more recently C'Thun. (Mine tend to pull their names and personalities from video games or stand up comedians.)

Funnily enough, my voices come up with pet names for ME as well. First they called me just asshole or stupid bitch, then Lassie, then Derpy, then Miku, now Smeagol. (They still quite regularly call me asshole and stupid bitch, and they very rarely, if ever, use my real life name. It really gets my attention when they call me by my real name. I'm always like, "Whoa! Why so respectful all of a sudden?" xD

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<https://forum.schizophrenia.com/t/why-does-one-of-my-audio-hallusions-have-a-name-that-lives-in-my-immediate-area-named-jeff-cline/4177>

Why Does One Of My Audio Hallusions Have A Name That Lives In My Immediate Area Named Jeff Cline

Unusual Beliefs

D\_I\_D

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Mar '14

Who the Hell is Jeff Cline, Is he the brother of Criss Cline or The son of Ellisabeth Cline?

<https://forum.schizophrenia.com/t/do-your-voices-have-names/111704/2>

eighteyedspy23

Feb 16

Most of my voices early on were supposedly people who lived close by. I didn't know the neighbors that well, so most of them didn't have specific names. At times I heard the voices of specific people (usually writers and musicians), but for the most part they were people who were trying to harass me or just people who got caught up in the turmoil. As time went on and I felt a little better, I just kind of stopped thinking about them.

Boogaloo

Feb 18

90 % of my voices are people who I knew in real life, like former friends, or from television. for whatever reason I could deal with them fine. the strangers were the worst, I thought they were professional witch doctors, I could barely deal with them, I thought we were in some sort of battle and they were actually enjoying it. but yes 90% of them had names as either former friends or famous people.

<https://forum.schizophrenia.com/t/voices-and-their-names-origins-and-backstories/13079>

First voices outside my head : "hey" , Justin" , Hey Justin"

first voices in head "narrating voices ex. Justin is taking a walk , justin is getting of the bus , justin knows what he is doing etc... or persecuting voices ex. "your gay your gonna kiss that dude you ■■■" or "cmon just jump off the ferry do it"

first singular voice : "just pray i will do the rest" (I was fanatically into religion at the time) named voice: Jesus, Satan, my deceased grandfather in heaven, angels, demons, the saints months later: Voices admitted that they were just all in my head and that they were "my brain" so they went under the name "my brain" They called themselves : the collective, the narrators, the advisers also had a brief period where i was tricked again : voices slowly tricked me into believing they werent my brain and that they were from another planet far away, and that einstein was talking to me (in my head) figured it out later that of course it is just "my brain" haven't heard voices for months though.

<https://forum.schizophrenia.com/t/what-are-your-voices-names/34803>

Loke



Oct '15

One of my voices said its name is Pan

Comatose

Oct '15

My voices have told me their names. I did not name them. One is Michelle and my guardian angel is Jerek.

<https://www.theatlantic.com/health/archive/2014/11/learning-to-live-with-the-voices-in-your-head/382096/>

Corstens: Today, we worked with a 43-year-old woman named Marie. She hears eight voices. The voices don't have names, but she can differentiate them. They talk to her and to each other throughout the day. First, we explored how many voices there are, how old they are, their gender, and whether they have a name or not.

Morin: How do you use that information?

Corstens: We analyze every voice and try to explore what the characteristics are. So, these three voices—numbers 1, 6, and 8—are very aggressive and negative. They shout at Marie, "You are nothing! You have to die! Swallow pills! You have to mutilate yourself!" And they are there all day and every day, especially at night when she tries to sleep. There's this child of three who is always crying. There's this 18-year-old boy who criticizes her. And then, not very often, there's this man who tries to protect Marie from the 18-year-old boy. There's also this eight-year-old female voice—she's playful and always tries to cheer Marie up, but the voice becomes angry if Marie doesn't cheer up—which she rarely does. The group of voices, which she calls "the trustees," shouts words to interrupt her conversations.

[https://www.reddit.com/r/schizophrenia/comments/541wg4/do\\_your\\_voices\\_have\\_names/?st=jkvni5ht&sh=dd7dce4c](https://www.reddit.com/r/schizophrenia/comments/541wg4/do_your_voices_have_names/?st=jkvni5ht&sh=dd7dce4c)

They told me their names. Tyler, his girlfriend Heather, and Astaroth (who chose his own name based on the video game I was playing called Catherine)

I have 3 primary voices when I'm not hearing crowds:

Vanessa is the female negative voice, who unfortunately is my most common voice.

Kelsey, while not negative per se, is the female voice who likes to talk me into doing highly risky things. Still super sweet, though. When she decides to show up, we can talk for hours until she's convincing me to do 100mph up the freeway.

Jason is my male negative voice. He's newer than Kelsey and Vanessa.

[https://www.reddit.com/r/schizophrenia/comments/4nd6lw/do\\_your\\_voices\\_each\\_have\\_a\\_name/?st=jkvnibet&sh=eaab3e99](https://www.reddit.com/r/schizophrenia/comments/4nd6lw/do_your_voices_each_have_a_name/?st=jkvnibet&sh=eaab3e99)

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<https://mentalhealthdaily.com/2014/03/26/hearing-voices-in-your-head-auditory-hallucinations-causes-types-treatments/>

I keep hearing names like David and Tonya and it seems like they are watching me, are bullying me, and calling me names every night. I am on medication and it's not helping. I have talked to my mental health care doctor about this and a counselor about what I am going through. Nothing is helping.